



# First Aid Refresher

## Course Overview:

An innovative, web-based delivery method for First Aid, Cardio-Pulmonary Resuscitation (CPR) and Automated External Defibrillator (AED) theory and evaluation to refresh participants with the knowledge and skills to confidently handle basic emergency situations until medical help arrives. This is **not** a recertification course but should be used as a training aid to help refresh your First Aid knowledge if you have previously taken a First Aid certification course.

## Who Should Take the Course?

This online course is designed for those looking to refresh their knowledge of the basics in First Aid, CPR and AED's.

## Course Objectives:

The purpose of this course is to provide a foundation for refreshing your knowledge in between certification dates and to keep a current understanding of the best ways to provide care to people with minor injuries.

The course is presented in 7 modules:

1. Roles and Responsibilities of the First Aider
2. Casualty Management, Unresponsive Casualty
3. Casualty Management, Responsive Casualty
4. Adult Resuscitation
5. Severe Bleeding and Wound Care
6. Medical Conditions
7. Burns

## Evaluation Process:

At the end of each module, there is a test. Participants must successfully complete the test before continuing to the next module. Participants that do not achieve greater than 80% on the test will not progress to the next module. Following completion of all online modules the participant is able to print a proof of completion

## Course Duration:

This online course is self-paced. Participants may leave the course at anytime and can resume where they left off. The duration will depend on the individual participant and their prior knowledge of the subject matter. On average, the course will take between 1.5 – 2.5 hours to complete.