



# Standard First Aid Level A

## Course Overview:

An innovative, web-based delivery method for First Aid, Cardio-Pulmonary Resuscitation (CPR and Automated External Defibrillator (AED) theory blended with traditional classroom practical exercises and evaluation to provide participants with the knowledge and skills to confidently handle first aid situations until medical help arrives.

## Who Should Take the Course?

This online course is designed for those requiring Standard First Aid, CPR and AED. This course is compliant with WSIB requirements for businesses with greater than 5 workers and also meets Federal requirements for Standard First Aid.

## Course Objectives:

The purpose of this course is to provide a solid understanding of the best ways to provide care to people with injuries. The course is structured to introduce the participant to increasing levels of injury care.

The course is presented in 17 modules:

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|---|----------------------------------|
| 1. Roles and Responsibilities of the First Aider        | 10. Secondary Survey             |
| 2. Casualty Management, Unresponsive Casualty           | 11. Eye Injuries                 |
| 3. Casualty Management, Responsive Casualty             | 12. Bone and Joint Injuries      |
| 4. Adult Resuscitation: Cardiac Emergencies             | 13. Chest Injuries               |
| 5. Choking  | 14. Multiple Casualty Management |
| 6. Medical Conditions                                   | 15. Poisoning                    |
| 7. Severe Bleeding and Wounds                           | 16. Heat and Cold Injuries       |
| 8. Head Wounds, Bites & Stings and Preventing Infection | 17. Rescue Carries               |
| 9. Burns  |                                  |

## Evaluation Process:

At the end of each module, there is a test. Participants must successfully complete the test before continuing to the next module. Participants that do not achieve greater than 80% on the test will not progress to the next module. Following completion of all online modules, the participant is encouraged to arrange for a practical testing session within 14 days.

***Upon successfully completing all modules, a transcript is available for print. This transcript must be taken to the practical session.***

## Course Duration:

This online course is self-paced. Participants may leave the course at anytime and can resume where they left off. The duration will depend on the individual participant and their prior knowledge of the subject matter. On average, each module will take between 30 to 45 minutes to complete.