Emergency First Aid – CPR A Blended Program

Course Overview:

An innovative, web-based delivery method for First Aid, Cardio-Pulmonary Resuscitation (CPR) and Automated External Defibrillator (AED) theory blended with traditional classroom practical exercises and evaluation to provide participants with the knowledge and skills to confidently handle basic emergency situations until medical help arrives.

Who Should Take the Course?

This online course is designed for those requiring basics in First Aid, CPR and AED, is compliant with WSIB requirements for businesses with 1 to 5 workers and also meets Federal requirements for Basic First Aid. Emergency First Aid forms the core of other levels of First Aid within Ontario.

Course Objectives:

The purpose of this course is to provide a foundation that you can build upon when understanding the best ways to provide care to people with minor injuries. The course is structured to introduce the participant to increasing levels of injury care.

The course is presented in 7 modules:
1. Roles and Responsibilities of the First Aider
2. Casualty Management, Unresponsive Casualty
3. Casualty Management, Responsive Casualty
4. Adult Resuscitation
5. Severe Bleeding and Wound Care
6. Medical Conditions
7. Burns

Evaluation Process:

At the end of each module, there is a test. Participants must successfully complete the test before continuing to the next module. Participants that do not achieve greater than 80% on the test will not progress to the next module. Following completion of all online modules, the participant is encouraged to arrange for a practical testing session within 14 days.

Upon successfully completing all modules, a transcript is available for print. This transcript must be taken to the practical session.

Course Duration:

This online course is self-paced. Participants may leave the course at anytime and can resume where they left off. The duration will depend on the individual participant and their prior knowledge of the subject matter. On average, the course will take between 1.5 – 2.5 hours to complete.